

# Keep In Touch

February 2002

## Announcements

The Area website address is as follows:  
[www.area62.org](http://www.area62.org)

~ REMEMBER ~

### Future KIT Topics:

Change  
Responsibility  
Singleness of Purpose  
Shared Experience  
Tools for Recovery

**KIT (Keep In Touch)** presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by Alcoholics Anonymous or the South Carolina Area Assembly.

Please do not be alarmed if your story did not appear in this issue of KIT. Your story or article will be incorporated in a future issue. If for any reason the KIT Committee has decided not to publish an article that has been submitted, we will contact you.

The KIT Committee Members would like to thank everyone for taking the time to write an article for this publication. If you have any suggestions or comments regarding the publication of KIT, please contact a KIT Committee Representative. We welcome your feedback.

## Carry the Message

**"We sit at AA meetings and listen, not only to receive something, but to give reassurance and support which our presence can bring.**

**If our turn comes to speak at a meeting, we again try to carry AA's message.**

**Whether our audience is one or many, it is still Twelfth Step work."**

**Bill W.**

***Twelve Steps and Twelve Traditions***  
**p. 110**

## Thought To Ponder....

*Tunnel of Awareness*



*That light at the end of the tunnel  
may be you.*

## SUBMISSION OF ARTICLES, DISTRICT HAPPENINGS, OR CALENDER OF EVENTS

JoAnne G.

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Aiken, SC 29802

[JoAnne\\_99\\_1999@yahoo.com](mailto:JoAnne_99_1999@yahoo.com)

The next KIT publication will be presented in February at the Area Assembly. What events are happening in your district or group between February and June of 2002 that you would like published? **Deadlines for submission of articles is May 1st, 2002.**

## Calendar of Events;

### 55th SC State AA Convention

February 28 - March 3, 2002  
Landmark Resort Hotel  
1501 South Ocean Blvd.  
Myrtle Beach, South Carolina  
Registration: \$15.00/Advance 20.00 /Door

### General Service Conference

New York - April, 2002

### District 82 SOBER FEST

1st Sunday, May 2002  
Starts at 10:30am  
Meeting at Meyers Ave. at the  
former Myrtle Beach AFB

### Next Area Committee Meeting

May 5th, 2002  
10:00 am

### Next Area Assembly Meeting

June 1 & 2, 2002

### SERCYPAA

Columbia, SC - July 2002

### SE Conference in conjunction with West Virginia Convention

August, 2002

### SE Regional Forum

November 15-17, 2002  
Huntsville, Alabama  
Huntsville Hilton/Phone: (256) 533-1400

## Other Recovery Events

### Orangeburg Round-up

April 26-28, 2002  
Meeting at Quality Inn & Suites  
1415 John C. Calhoun Dr.  
Orangeburg, South Carolina

### Sesqui Park Women's Retreat

September 13-15, 2002

# Delegate's Corner

## Area Committee Chairs:

### Area 62 Officers:

<b>Delegate</b>	Patty W.	District 81
<b>Alt. Delegate</b>	El N.	District 11
<b>Chairperson</b>	Ray N.	District 11
<b>Alt. Chairperson</b>	Debbie J.	District 10
<b>Secretary</b>	Cyndi F.	District 61
<b>Alt. Secretary</b>	Carolyn A.	District 70
<b>Treasurer</b>	Ray B.	District 81
<b>Alt. Treasurer</b>	Betsy T.	District 8

<b>Grapevine</b>	Danielle K.	District 73
<b>Archives</b>	Jerry C.	District 30
<b>Corrections</b>	John H.	District 51
<b>PI/CPC</b>	Bob M.	District 70
<b>Website</b>	David T.	District 20
<b>Structures &amp; Procedures</b>	Bob A.	District 11
<b>Treatment</b>	Pat D.	District 22
<b>Literature</b>	Margaret P.	District 71
<b>KIT</b>	JoAnne G.	District 30
<b>Special Needs</b>	Emily N.	District 11
<b>Intergroup</b>	John K.	District
<b>Arrangements</b>	Jack S.	District

*\* Any changes, please let JoAnne G. know.\**

**Treasurer's Report:** Bill G., Treasurer, thanked the Assembly for allowing him to serve and gave the following report for period beginning January 1, 2000 and ending September 9, 2001. Treasurer's report was approved as presented.

<b>Total Income: \$14,467.89</b>	<b>Total Expenses: \$13,787.80</b>	<b>Balance On Hand: \$25,172.96</b>
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**Area Convention Report:** Bob M., Convention Chair, reported that the 2001 Convention and SE Regional Conference went well. There were 1067 in attendance. The final report will be available at the next Assembly. Gerald T. reported that the 55th South Carolina Convention would be held at the Landmark Hotel in Myrtle Beach, February 28 through March 3rd, 2002. Please register early. Early registration is \$15 and \$20 to register at the door. Kay I. announced the 2003 Convention will be held at the Sheraton Hotel in North Charleston. Room rate will be \$94 a night. Dates have not been confirmed. Lisa Y. announced the 2004 SC State Convention will be held at the Embassy Suites in Greenville, March 18-21, 2004. Room rate \$109 per night.

**Delegates Report:** Darwin H., Area Delegate, handed out conference reports and announced that they are also available in Spanish. All delegates that attended the 54th SC State Convention/SE Regional Conference gave raving reports - they thought the event was exceptional. He announced the 2002 General Service conference will be held in April. The SE Regional Conference will be held in W. Virginia in August 2002 and the SE Regional forum will be in Huntsville, Alabama in 2002. The 2005 International will be held in Toronto, Canada. Darwin stated that it was an honor to serve as the Area Delegate and that he had grown spiritually from the experience. He also stated that the Assembly had taken a big step toward the future by voting under the guidance of the Third Legacy Procedure. He thanked the Assembly for allowing him to serve.

**Alternate Delegate's Report:** Patty W. thanked the assembly for allowing her to serve and gave the following finance report:

<b>Convention Committee</b>	<b>\$11,043.78</b>
<b>Advanced to 2002 Convention:</b>	<b>\$ 5,250.00</b>
<b>Bob M. to meetings:</b>	<b>\$ 258.90</b>
<b>Charleston convention:</b>	<b>\$ 1,500.00</b>
<b>Interest:</b>	<b>\$ 5.00</b>
<b>Balance on Hand:</b>	<b>\$ 4,039.96</b>



Oscar Sez....



Pictured at left is our friend, Oscar on yet another adventure....

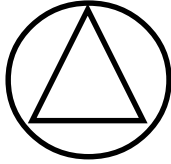
Send in your caption of what Oscar is saying or thinking in this photo....

Silly or serious, send entries to Joanne G:

P.O. Box 1016, Aiken, SC 29802

or

JoAnne\_99\_1999@yahoo.com



**¡Hablemos Español  
Aquí!  
Donde: Brown Bag  
Grupo De AA**

**Wesley lylesia Unida Metodistrea  
1725 Gervais St.  
(Puerta Traseva de a Bodega  
Anexa Junto a la Iglesia)**

**Miercoles  
A Las Doce y Cinco  
Por La Tarde**

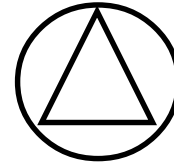
*¡Bien Vinedos!*

South Carolina  
General Service  
Committee

**ARCHIVES**  
ARCHIVE TOURS  
OR  
WORKSHOPS

CALL  
INTERGROUP OFFICE  
803-254-5301

BETWEEN 8 - 5  
MON - FRI.



**Spanish Speaking  
Meeting!**

**Where: Brown Bag  
Group of AA**

**Wesley UMC, 1725 Gervais St.  
(Rear door of Annex Building  
Next to the Church)**

**Wednesdays  
12:05 PM**

*Welcome!*

## A Turning Point...

After an extremely rough period of my life, I have had a chance to reflect on how I handled myself. It was both good & bad. I did not at any time think "poor me". This is a major difference from what it was like before AA, when I lived without 12 steps to guide me and positively zero spiritual thought. I drank over all fortune, good, bad and everyday. I drank when sad & drank when happy. I knew of no other way to exist with myself. Over the years I have learned to fully trust in my Higher Power that I choose. A God as I understand Him. A wonderful loving and kind God, who is with me in all things. When I lost my wife to cancer, I did not blame God or anyone else. I thanked him for the time we had together and for the blessings of peace & serenity that allowed me to know this lady who passed on with 24 years sober to her credit. After my wife's death, I made mistakes. I thought I was handling my grief. However I made some mistakes that cost me quite a few days of remorse & confusion. But thanks to what I have learned, I was able to use the steps in my life to put myself back on track. To the acceptance of life on life's terms. By writing, by talking to my sponsor, by sharing at meetings and by working with others, I can smile & enjoy each day I'm sober. I believe the 4 SS's are important for me today:

1. **S Study the book & use its teachings, it is a textbook.**
2. **S Share with others what's going on in my life.**
3. **S Sponsor and work with newcomers and old-timers.**
4. **S Spread the message when asked or when appropriate.**

*"I can't keep it unless I give it away"*



**Johnny J.**

*If we work the steps,*

We are going to know a new freedom and a new happiness.

*If we share our experience, strength and hope with others,*

We will not regret the past nor wish to shut the door on it.

*If we practice acceptance,*

We will comprehend the word serenity.

*If we remain free of expectations,*

We will know peace.

*If we choose to become a part of the AA fellowship,*

No matter how far down the scale we have gone,  
we will see how our experience can benefit others.

*If we pass to others the love that AA has given us,*

That feeling of uselessness and self-pity will disappear.

*If we work with others,*

We will lose interest in selfish things and gain interest in our fellows.

*If we practice Honesty, Open-Mindedness and Willingness,*

Self-seeking will slip away.

*If we accept Gods will,*

Our whole attitude and outlook upon life will change.

*If we learn to trust God,*

Fear of people and of economic insecurity will leave us.

*If we learn to use the spiritual set of tools AA has given us,*

We will intuitively know how to handle situations which used to baffle us.

*If we have a spiritual awakening as a result of doing the Steps,*

We will realize that God is doing for us what we could not do for ourselves.

## Dillon County Group History District # 80

The Dillon County Group came about as an offshoot of the Marion Group. The Marion Group, I believe, was a rebirth of the old Marion/Mullins Group.

In 1967 there were approximately 5 regular members of the Marion Group from Dillon and Latta. We felt the need of another meeting nearer home, as there were unlimited prospects among us locally. We, also, desired a second weekly meeting. This had been in discussion for some weeks.

With July 4th approaching, and at this time, I don't believe any of us could picture any type of July 4th celebration or activity without alcohol, except of course, and AA gathering. So, I guess, believing there was nothing we could do to celebrate this big day; it was decided to have our first meeting the night of the 4th which was a Tuesday. We announced in Marion at previous weeks meetings there would be a meeting that night in Dillon at home of Bill P. I believe there were at least seven or eight present at the first meeting. In addition to myself, and to the best of my memory, I feel safe in stating the following were present/ David A./ Dave R./ Ellison C./ Martha B./ other, I cannot be as sure.

It was agreed we would continue meeting each Tuesday, rotating meetings among members homes as we might be invited. The second meeting was held in the home of David A. in Latta. Our rotating didn't get off the ground/David was such a gracious host, or we were such selfish, ungrateful, freeloaders, our meetings continued here for the next four years or longer. There was some concern that this arrangement was most unfair to David (responsibility of meetings in his home every week) and to us (that we were not very responsible by getting so much and give so little). When this was mentioned to David; his reaction was "Suits me fine - it's good insurance for me against missing a meeting."

By September 1967 we had an average of at least ten regulars and thought it was time we became registered with GSO in New York - so, letter was written September 27th identifying ourselves as a new group. Most of us continued as regulars at Thursday night meeting in Marion, so we asked to be included in Marion Group count.

David most generous hospitality was continually accepted until mid 1971, then he knew he was to get rid of this beloved, warm, huge, colonial home, which had been AA's home every Tuesday night (many other times too) for over four years. Meeting place was provided in Latta rescue squad meeting room, which became our home for about one year. Best I remember, it was due to training sessions of several weeks duration to be held in this building that we had to make other arrangements.. We all were on the lookout for a more permanent type meeting place. While looking, we temporarily met at the office of Porter Agency in Dillon for approximately two months, July, August. The old Scout Hut appeared to be abandoned and upon investigation, found this building to be owned by local Lions Club - so, letter was written to Lions Club on August 2, 1972 regards the possibility of using Scout Hut as our meeting place. Permission to use granted in letter from Lions of August 16th. So with clean up and fix up of building and grounds, we have continued to meet here since September 1972.



As recorded by Bill P.

**Sobriety has taught me that "Just for today" I have Freedom of choice. Freedom to choose to OR Freedom to choose not to:**

Drink...**OR**...Not Drink  
 Stay Sick...**OR**...Get Well  
 Live in the Past...**OR**...Live in the Today  
 Stay Irresponsible...**OR**...Learn to Accept Responsibility  
 Deny...**OR**...Accept  
 React...**OR**...Think and Act  
 Go It Alone...**OR**...Seek Truth  
 Be Dishonest...**OR**...Truthful  
 Feel Self Pity...**OR**...Live Gratitude  
 Have Fear...**OR**...Have Faith  
 Swear...**OR**...Have Prayer  
 Suffer Humiliation...**OR**...Seek Humility  
 Try and Change Others...**OR**...Change Myself  
 Analyze Everything...**OR**...Utilize the Steps  
 Feel Guilt...**OR**...Seek Forgiveness  
 Dwell on the Negative...**OR**...Live the Positive

Vegetate...**OR**...Grow  
 Be Impatient...**OR**...Learn Patience  
 Be Judgemental...**OR**...Be Tolerant of Others  
 Be Sad...**OR**...Be Happy  
 Be Disrespectful of Others...**OR**...Treat All With Courtesy, Dignity and Respect  
 Be Lonely...**OR**...Be a Friend  
 Procrastinate...**OR**...Do It Now  
 Complicate...**OR**...Simplify  
 Be a Slave to the Bottle...**OR**...Be Free to Be Me  
 Die a Slow Death...**OR**...Live a Full Life  
 Be Selfish...**OR**...Caring  
 Hoard...**OR**...Share of Myself  
 Lust...**OR**...Love  
 Be Shattered...**OR**...Whole  
 Believe in No-One...**OR**...Believe in God



## Area 62 Structures & Procedures: Amendment

How does Alcoholics Anonymous assure that the unfailing message of recovery for suffering alcoholics found in our program is available and consistent in the meeting rooms of South Carolina? The service structure of AA provides organizational levels for the collection and dissemination of information useful to our fellowship in matters of finance, overall policy, and guidelines for AA Groups and entities that interface with AA.

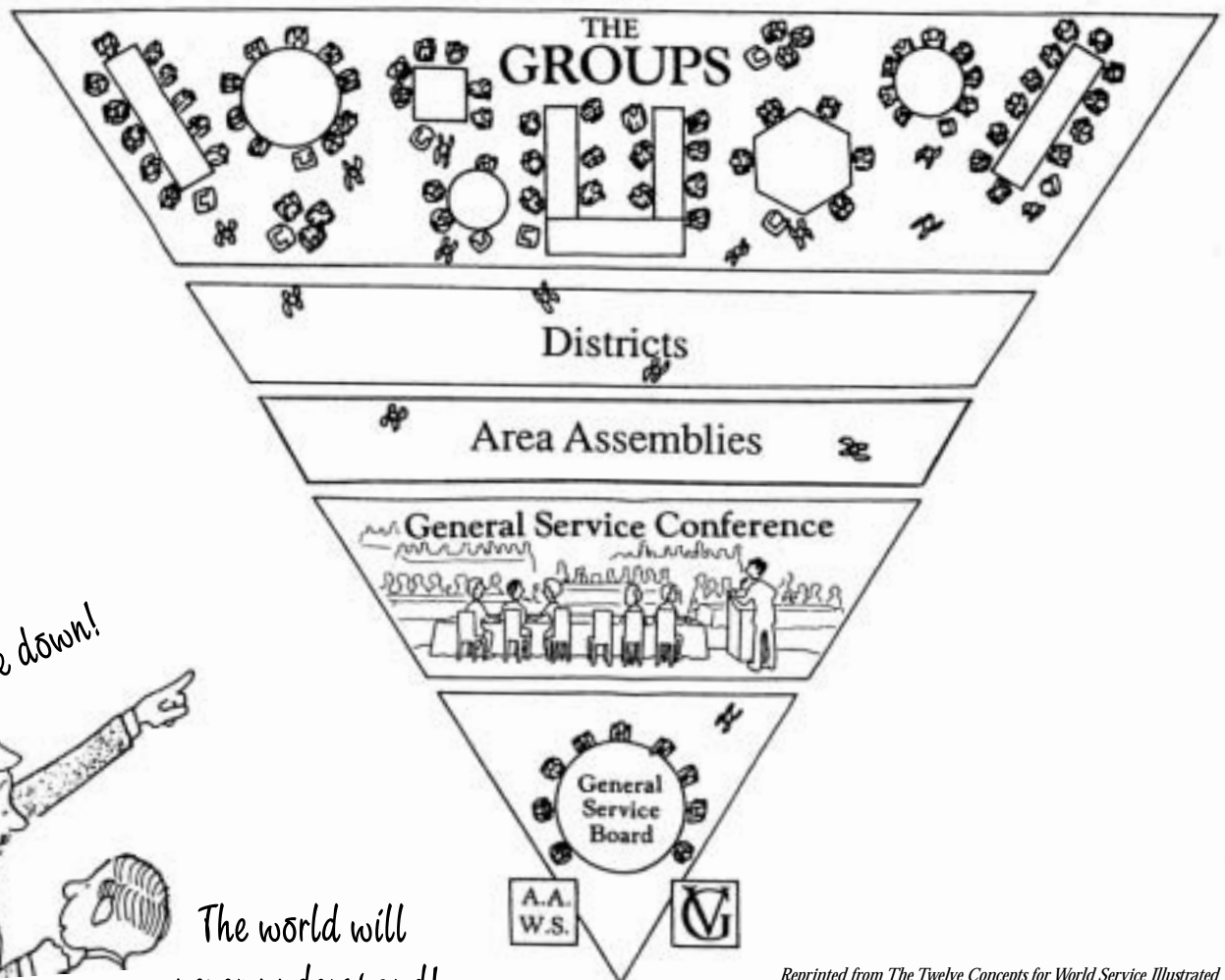
You, as a member of Alcoholics Anonymous, are the most important part of this service structure. Your Group Service Representative, District Committee Member, and the SC Area Delegate provide the means for give and take of ideas, questions, and interpretations of Tradition in order that your Group might form an informed conscience which, in turn, guides our General Service Assembly, Conference, and Board.

Just as the General Service Board has bylaws that detail the process by which it performs its necessary operations, Area 62 formulated "Suggested procedures of the South Carolina General Service Assembly of Alcoholics Anonymous" to determine our methods of operation. AA's 4th Tradition allows each Area (90+ in the US) autonomy in developing and implementing its bylaws. There are many ways to the same ends in AA, as long as the Traditions and Concepts of the program guide the process.

The Area 62 Structures & Procedures contains the composition of the Area Committee and the Service Committees, the control of area finances, the requirements for a quorum, and the election procedures for Area trusted servants.

Nothing in AA is static. No decision is final. Therefore, all organizational documents include an amendment process. In South Carolina, a Group must bring a written amendment to an Area Assembly. The motion is read into the minutes and no further discussion is allowed. The DCMs and GSRs are expected to bring the proposal back to the district and Groups for discussion. The motion may be tabled after more discussion at the next Assembly, or it may come to a vote. A motion to change our bylaws must pass by a two-thirds majority.

**Concept I: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.**



## Why Have A Service Sponsor?

I had modest beginnings in service work, I signed up for the telephone answering service a few times and at three years sobriety I was elected Group Secretary. Of course, I didn't know what I was doing, and I wasn't going to ask anyone! I thought that was a great title and people would appreciate and respect me. It was a lot of responsibility and commitment! I felt like people only criticized when things went wrong and did not give me the "atta-boys" I deserved. But I stayed sober.

I then moved to the outskirts of Charleston and started attending the West Ashley Group regularly. I got upset when people said: "Oh, you're going to Frank's Group now." So I took my resentment and went to a group conscience meeting. Somehow I was appointed intergroup representative and got more responsibility and still no "atta-boys".

I wanted praise, recognition, respect! What I got was questions I could not answer, but I saw the difference between the ones involved with AA and the ones that were there for themselves. Not long after that (through frustration and pain) Frank S. became my first Service Sponsor. He took the time to go over the Traditions with me. He showed me how to Lead by Example. He taught me how to practice the principles in all my affairs. Frank passed away in 1994 and it was a great loss to me and Alcoholics Anonymous. I was asked to step into his position as Chairman of the 1995 State convention. How could I do that? I wasn't anywhere near as good as Frank! But don't you know, God put another Service Sponsor in my life. Jim K. was a past south Carolina Delegate and serving as the Chairman of the Convention Committee when I met him. Jim, too, showed me how to Lead by Example. He brought me closer to our Traditions, and, once again, showed me how to practice these principles in all my affairs. Sadly Jim, too, passed away. I got another Service Sponsor, Morris H. Well, Morris upped and moved to North Carolina on me, but not before he passed on some of his wisdom. Thank goodness he didn't pass away. I now have three service sponsors, but have never given them the Title! (One has the title of Sponsor, though.)

I have moved through the ranks of service work and have grown through the experiences my service opportunities have given me. Each time I finally feel like I know what I'm doing, it is time to rotate and I embark into territories that are unfamiliar. (But there are people who have been there before and they want to share their wisdom with me.) The difference between now and then is that today I know that you are all rooting for me, I cannot screw up AA by myself, and that our Higher Power will always be in charge as long as we practice the Traditions and Principles.

I tell the people that I sponsor that people are watching them all the time. Are they carrying the message? When I look around the rooms of Alcoholics Anonymous, I look for the people I want to be like. I find them. They are the ones involved in Service Work, Carrying the Message of Alcoholics Anonymous, and wearing beautiful Smiles. (In the middle of the bed, as Frank would say.) God Bless Frank, Jim, and Morris. And God Bless You, the members of Alcoholics Anonymous! Remember, you might be the only Big Book someone sees.



**Patty W.**  
*Area 62, Panel 52*

### AA Humor...

Teacher: Can anyone spell the word straight for me?

Susie: I can teacher. It is spelled S T R A I G H T.

Teacher: That's correct Susie. Now, can you tell me what the word straight means.

Susie: Yes I can....it means without ice.

## The Awakening

### Part One

*By Author Unknown*

A time comes in your life when you finally get it...when, in the midst of all your fears and insanity, you stop dead in your tracks and somewhere the voice inside your head cries out -  
**ENOUGH!**

Enough fighting and crying or struggling to hold on.

And, like a child quieting down after a blind tantrum, your sobs begin to subside, you shudder once or twice, you blink back your tears and begin to look at the world through new eyes.

**This is your awakening.**

You realize it's time to stop hoping and waiting for something to change...or for happiness, safety and security to come galloping over the next horizon.

You come to terms with the fact that neither of you is Prince Charming or Cinderella and that in the real world there aren't always fairy tale endings (or beginnings for that matter) and that any guarantee of "happily ever after" must begin with you...and in the process a sense of serenity is born of acceptance.

You awaken to the fact that you re not perfect and that not everyone will always love, appreciate or approve of who or what you are...and that's OK.

They are entitled to their own views and opinions.

And you learn the importance of loving and championing yourself...and in the process a sense of newfound confidence is born of self-approval.

You stop complaining and blaming other people for the things they did to you (or didn't do for you) and you learn that the only thing you can really count on is the unexpected.

You learn that people don't always say what they mean or mean what they say and that not everyone will always be there for you and that it's not always about you.

*Continued in next KIT*

## “Service Gladly Rendered”

When “Gratitude” is a topic at a discussion meeting, my tendency is to share a list of all the things I’m grateful for: my sobriety, the love of my family, my health, etc. In fact, I have been known to say: “I’m grateful that my Gratitude List is now longer than my Resentment List.” That is all well and good, to have a full heart and to enjoy life. But, so what?


If actions speak louder than words, then action is essential to demonstrate my gratitude. What action is necessary to convey the feeling of gratitude? Clearly action reflecting my gratitude is service. But, is that gratitude? In some cases, it is not. I must make sure that it is not a display of active egoism and vanity. Therefore, I have had to embrace the willingness to acquire yet another ideal, humility. Humility is not a characteristic of this alcoholic. Developing humility as a personal characteristic has come only through the practice of unconditional service. My service must be to others and free from expectation. Service must be a continuous process, not an

occasional event. Service to my comrades and my community seems to nurture the essence of humility. The action is evidence of my gratitude.

The Big Book has a must statement that highlights the importance of action, another word for service: “To be vital, faith must be accompanied by self sacrifice and unselfish, constructive action” (p. 93). Like many recovering alcoholics, faith is a principal part of my life today. Accordingly, I must actively be of service to nourish my faith. So when the topic of “Gratitude” arises at a meeting, I may continue to list the things that I am grateful for, but I will include my gratitude for the opportunity to serve. Without participating in service, my faith will wither, my ego will grow, and my words will be meaningless. Perhaps humility growing through service will continue to deepen my gratitude. Only through a demonstration of my gratitude can the gifts of God’s Grace and the favor of His goodness be shared with another alcoholic.



El N.




### IS ALCOHOLICS ANONYMOUS

Listed in the telephone directory in your hometown?

### If not, why?

**AA is an anonymous organization, not a secret one...**



## A Geographical Change That Works

Hello. My name is Molly and I am an alcoholic. I used to live in the **State of Drunkenness**; and its capital is called **Alcoholism**. I used to live there because not everyone who gets drunk is an alcoholic.

One day I was wandering aimlessly through **Alcoholism**. I stumbled onto a place called **Decision Road**. I took it, not knowing where I was going. It led me to **Willingness Lane** and I continued on. Then I found myself slowly walking along **Honesty Avenue**.

The **Avenue of Honesty** let me know the **State of Sobriety**. When I got to this state, I took the **Highway of Humility** to its capital city called **Alcoholics Anonymous**; for not everyone who gets sober does so in AA. Finding myself in AA I now have what I have been looking for all my life. I am home. I live with wonderful neighbors and friends known to me as: **Love, Faith, Trust, Caring, Sharing, Patience, Tolerance** and above all **Truth**.

I have lived in my new home for a few 24 hours. It is a huge place. Anyone who may wish to live a sober life is welcome. There is room for all.

Oh yeah, the distance between those two states - they are not far from each other. From **Drunkenness** to **Sobriety** along **Decision Road** to the **Highway of Humility** takes but...12 Steps. A short distance indeed, but these steps never fail. They have set me free from: **Obsessions, Compulsion, Desire** and/or **Need** to pick up a drink.

All I need do to remain a permanent resident of the **State of Sobriety** in **Alcoholics Anonymous** is to continue to practice and share what I have picked up along the byways - that being - **Decision, Willing** and **Honest** seeking of **Humility** as **Truth** and **Giving Love**.  
How Simple !!!

To put it in short form: Begin by taking **Decision Road to Willingness Lane**, then **Honesty Avenue** to the **Highway of Humility** and the result is a permanent home with **Truth and Love**. In the **State of Sobriety**, it is always best to reside in.....**ALCOHOLICS ANONYMOUS**.

## Twelve Ways to Tell The Difference Between Your Sponsor & Your Therapist

1. Your sponsor isn't at all interested in the “reasons” you drank.
2. Your therapist thinks your root problem is your lack of self-esteem, negative self-image, and your poor self-concept. Your sponsor thinks your problem is a 3-letter word with no hyphens.
3. Your therapist wants to pamper your “inner child.” Your sponsor thinks it ought to be spanked.
4. Your sponsor thinks your inventory should be about you, not your parents.
5. Speaking of your parents, your sponsor tells you not to confront them, but to make amends to them.
6. The only time your sponsor uses the word “closure” is before the word “mouth”.
7. Your sponsor thinks “boundaries” are things you need to take down, not build up.
8. Your therapists wants you to love yourself first; your sponsor wants you to love others first.
9. Your therapist prescribes caretaking and medication. Your sponsor prescribes prayer making and meditation.
10. Your sponsor thinks “anger management skills” are numbered 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12.
11. Now that you haven't had a drink for 6 months, your therapist thinks you should make a list of your goals and objectives for the next five years, starting with finishing up that college degree. Your sponsor thinks you should start today by cleaning the coffeepots, helping him carry a heavy box of literature to the jail, and making your bed.
12. Your sponsor won't lose his/her license to practice if she talks about God.

A circular fingerprint graphic in the background, with the letters 'KIT' overlaid on it.

KIT